



GARMIN®

MountainFestival

• VALL DE BOÍ •

XTEERRA®
TRAIL RUN WORLD SERIES

RACE GUIDE 27-28-29 JUNE 2025

XTEERRA®
TRAIL RUN WORLD SERIES

GARMIN®



    Garmin Mountain Festival

+ info i inscripcions

www.garminmountainfestival.com

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wikiloc

Accede a las rutas oficiales
de OCISPORT RUN en Wikiloc

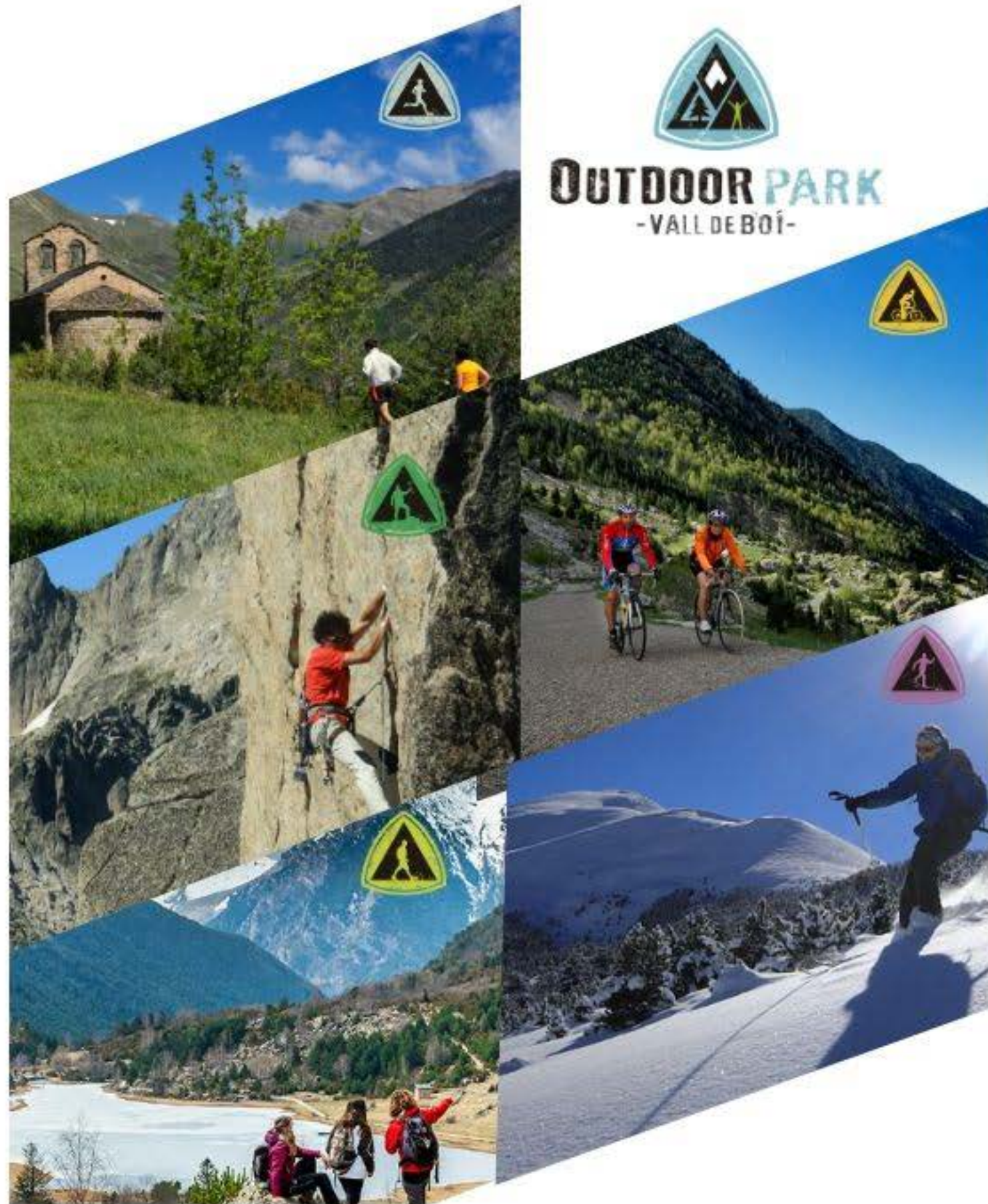
LA VALL DE BOÍ



WHERE THE PYRENEES TOUCH THE SKY

- The Boí Valley is a municipality made up of eight small population centres with a rich natural and cultural heritage. Highlights include the Aigüestortes and Estany de San Mauricio National Park, the Romanesque churches that are UNESCO World Heritage Sites, the Fallas Festival, Unesco's Intangible Heritage, the Starlight certification, excellent gastronomy but above all a privileged environment for sports and outdoor activities throughout the year.
- Check our agenda and don't miss any activity:
<https://www.vallboi.cat/ca/agenda>
- More information about sports and adventure activities:
<https://www.vallboi.cat/ca/outdoor-park-vall-de-boi>
- Book your outdoor activity: <https://reservavalldeboi.com/aventura/ca>

READ MORE ABOUT LA VALL





GARMIN MOUNTAIN FESTIVAL

DISCOVER THE ENCHANTMENTS OF THE VALL DE BOÍ

- Three days full of activities and immersed in the purest trail running atmosphere. From 27 to 29 June 2025, la Vall de Boí (Lleida Pyrenees) will become the epicentre of mountain sports, hosting the most important Mountain Festival in the south of Europe.

Trail Running, Nordic Walking, Adventure Sports and much more await you in one of the most magical places in the Pyrenees.

The Marathon and Half-Marathon races are part of the Trail Run World Series, offering qualification slots for the 2026 XTERRA Trail Run World Championship — a golden opportunity for the most ambitious runners.

Feel the essence of the mountains in this unique event. Get ready to return to nature, push your limits, and live an unforgettable experience.

COME AND ENJOY THE FESTIVAL!



Three days of activities for children and adults



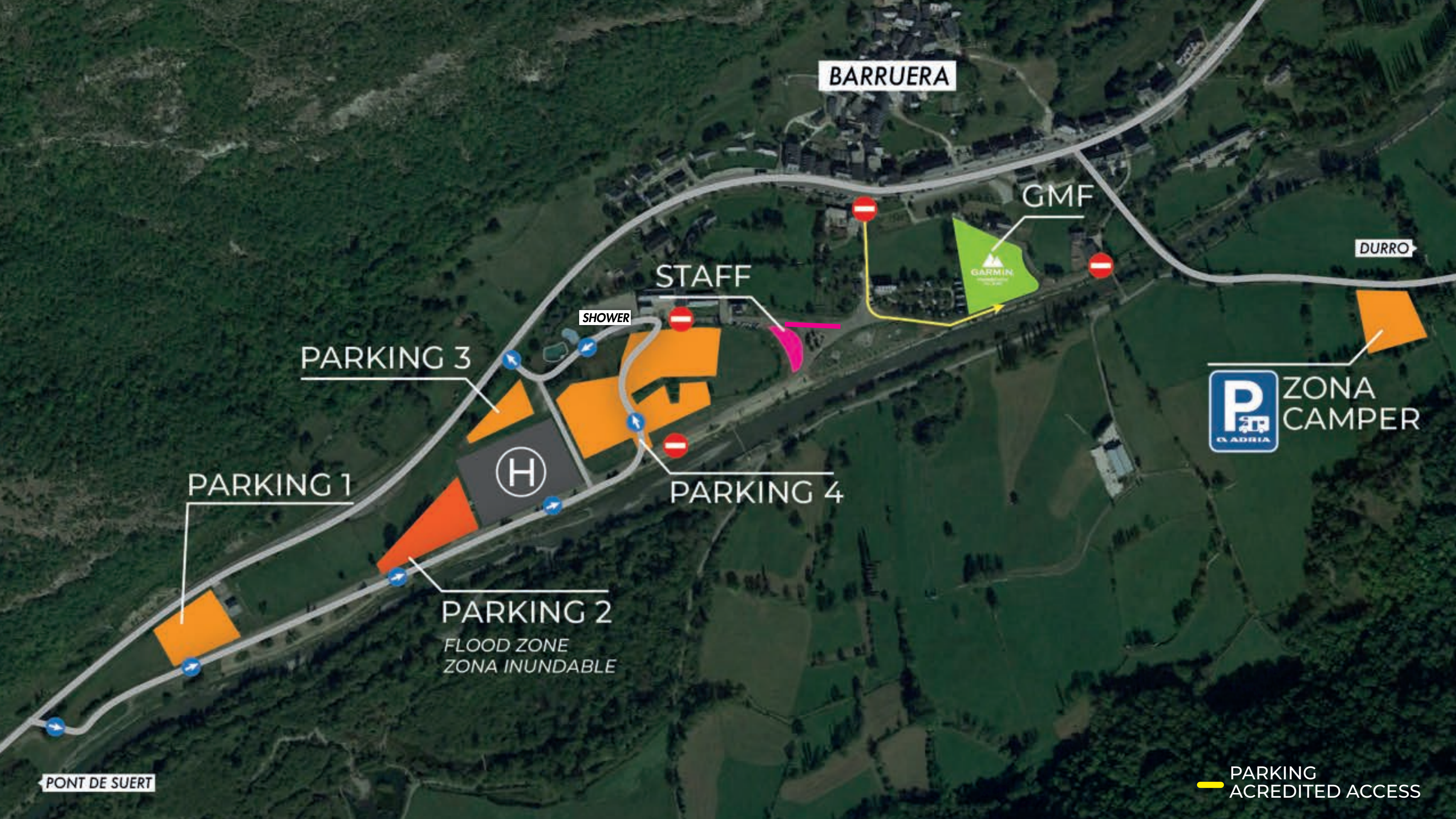
How to get there

WITH CAR

Barcelona - Barruera 298km (3:45h aprox.)
Lleida - Barruera 137km (2h aprox.)
Zaragoza - Barruera 236km (3h aprox.)
Toulouse - Barruera 216km (3h aprox.)

PUBLIC TRANSPORT

*Bus service from Lleida and Barcelona to El Pont de Suert.
*Train service to Lleida.



BARRUERA

GMF

DURRO

STAFF

SHOWER

PARKING 3

PARKING 1

PARKING 4

H

PARKING 2

FLOOD ZONE
ZONA INUNDABLE




ZONA
CAMPER

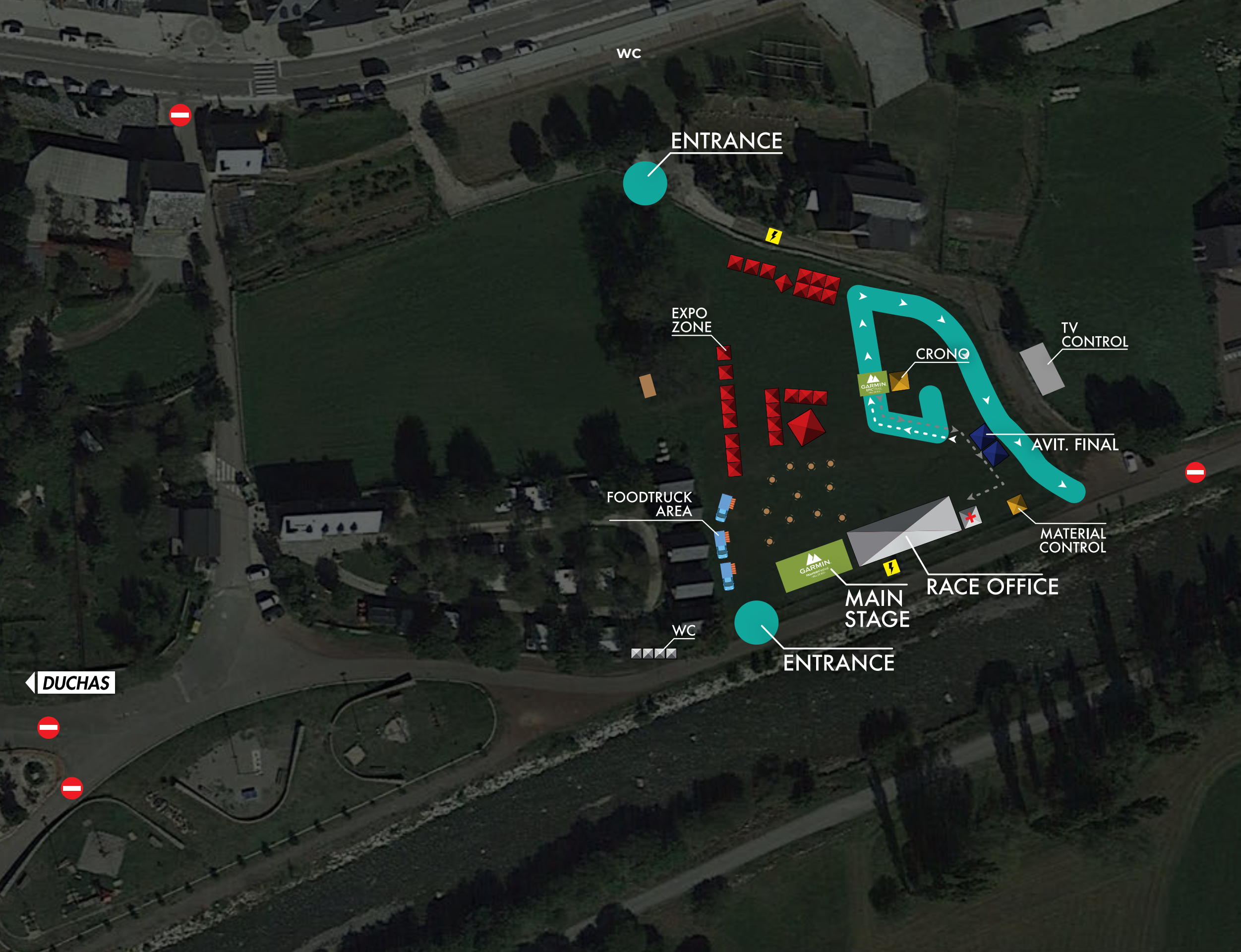
PONT DE SUERT

PARKING
ACREDITED ACCESS

Friday 27 JUNE
Saturday 28 JUNE
Sunday 29 JUNE

SERVICES IN THE FESTIVAL ZONE

-  **START zone**
FINISH zone
-  **BIB pick up**
-  **Final provisioning**
-  **Foodtrucks**
-  **Village zone**
stands + activities + stage
-  **Toilette**



FRIDAY 27 JUNE

12:00h – 20:00h	BIB pick up (MARATHON, SKY & SPEED)	Village zone
19:00h	Presentation Garmin Mountain Festival	Stage village zone
19:30h	Learn how to use your GARMIN with Pedro Hidalgo	Stand Garmin
20:30h	Screening of the documentary <i>“Abriendo camino , Groenlandia”</i> .	Stage village zone

SATURDAY 28 JUNE - MORNING

06:15h – 07:00h	BIB pick up MARATHON	Village zone
07:30h	Start Garmin Epic Trail MARATHON	Village zone
09:00h – 19:00h	BIB pick up SKY/SPEED	Village zone
10:00h – 12:00h	Yoga activity (1 & 2)	Village zone
10:30h	Epic Trail FAMILY U7	Village zone
10:45h	Epic Trail FAMILY U11	Village zone
10:55h	Epic Trail FAMILY U13	Village zone
11:00h	Children's entertainment	Stage village zone
12:00h - 13:30h	Nordic walking activity (Initiation 1)	Village zone
12:20h	Arrival first classified MARATHON	Village zone

The CLOAKROOM will be enabled on Saturday 28 from 7:00 a.m. to 9:00 p.m. (participants only)



The CLOAKROOM will be open on Sunday 29 from 7:00 a.m. to 3:00 p.m. (participants only)

SATURDAY 28 JUNE - AFTERNOON

14:45h	Awards ceremony MARATHON	Stage village zone
17:00h – 18:30h	Orientation activity (1)	Village zone
17:00h – 19:00h	Yoga activity (3 & 4)	Village zone
17:30h	Start Marxa del Salencar - Catalan Cup	Salencar
17:30h – 18:30h	Talk ‘Life in the Himàlaia and trekking’.	Stage village zone
18:00h – 19:30h	Nordic walking activity (Initiation 2)	Village zone
18:30h	Race closing MARATHON	Village zone
18:30h – 19:30h	Prevention and safety workshop with Pedro Hidalgo	Stage village zone
19:30h	Awards ceremony Marxa del Salencar	Stage village zone
19:00h – 22:30h	DJ 3LOI	Stage village zone

SUNDAY 29 JUNE

07:30h – 08:30h	BIB pick up SKY	Village zone
08:00h – 09:00h	BIB pick up SPEED	Village zone
08:50h	Start Garmin Epic Trail SKY · women	Village zone
09:05h	Start Garmin Epic Trail SKY · men	Village zone
09:30h	Start Garmin Epic Trail SPEED	Village zone
09:35h	Start Marxa de la Vall	Village zone
10:00h – 12:00h	Yoga activity (5 & 6)	Village zone
10:10h	Arrival first classified SPEED	Village zone
11:00h – 12:30h	Orientation activity (2)	Village zone
11:15h	Awards ceremony SPEED	Stage village zone
11:40h	Arrival first classified SKY	Village zone
12:30h	Race closing SPEED	Village zone
13:15h	Awards ceremony SKY	Stage village zone
15:00h	Race closing SKY	Village zone

GARMIN®

FĒNIX® 8

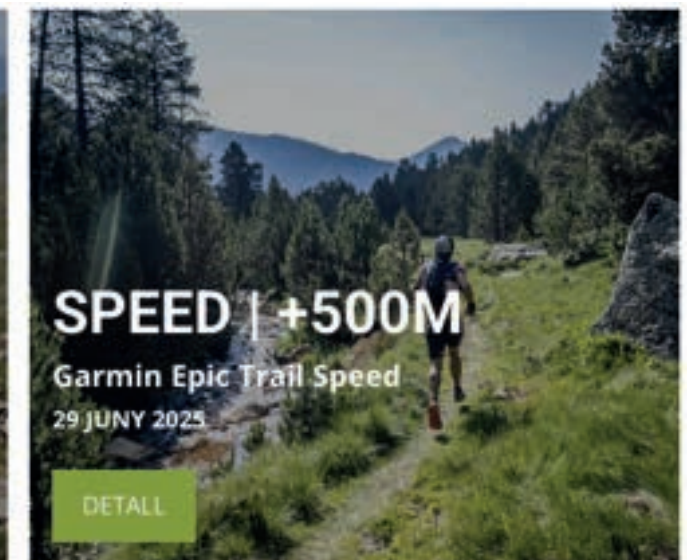
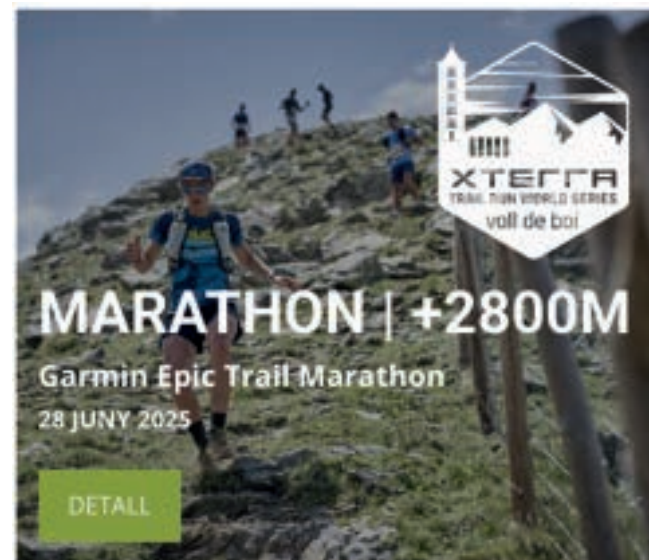
Entrena para rendir al máximo con el smartwatch definitivo



03

GARMIN EPIC TRAIL

SATURDAY 28 SUNDAY 29



RULES GARMIN EPIC TRAIL 2025

RUN THE WORLD, ONE TRAIL AT A TIME.

Xterra®

ACCESSIBLE DISTANCES FOR ALL. OVER FIFTY TERRAINS AND EVENTS. FROM JUNGLES TO DESERTS, FORESTS TO ALPINE PEAKS—EVERY TRAIL CONNECTS A GLOBAL COMMUNITY CHASING HORIZONS, ADVENTURE, AND WORLD CHAMPIONSHIP SLOTS.

CHOOSE YOUR NEXT TRAIL AND BE PART OF THE **Xterra TRAIL RUN WORLD SERIES**.



TOGETHER, WE EXPLORE.

X TERRA®

TRAIL RUN WORLD SERIES

Garmin Epic Trail Vall de Boí MARATHON

42km
2.802M+
2.802M-
max. **2.733m**

BIB PICK UP
Village zone
Friday 12:00 – 20:00h
Saturday 06:15 – 07:00h



START
Village zone
07:30h



FINISH
Village zone



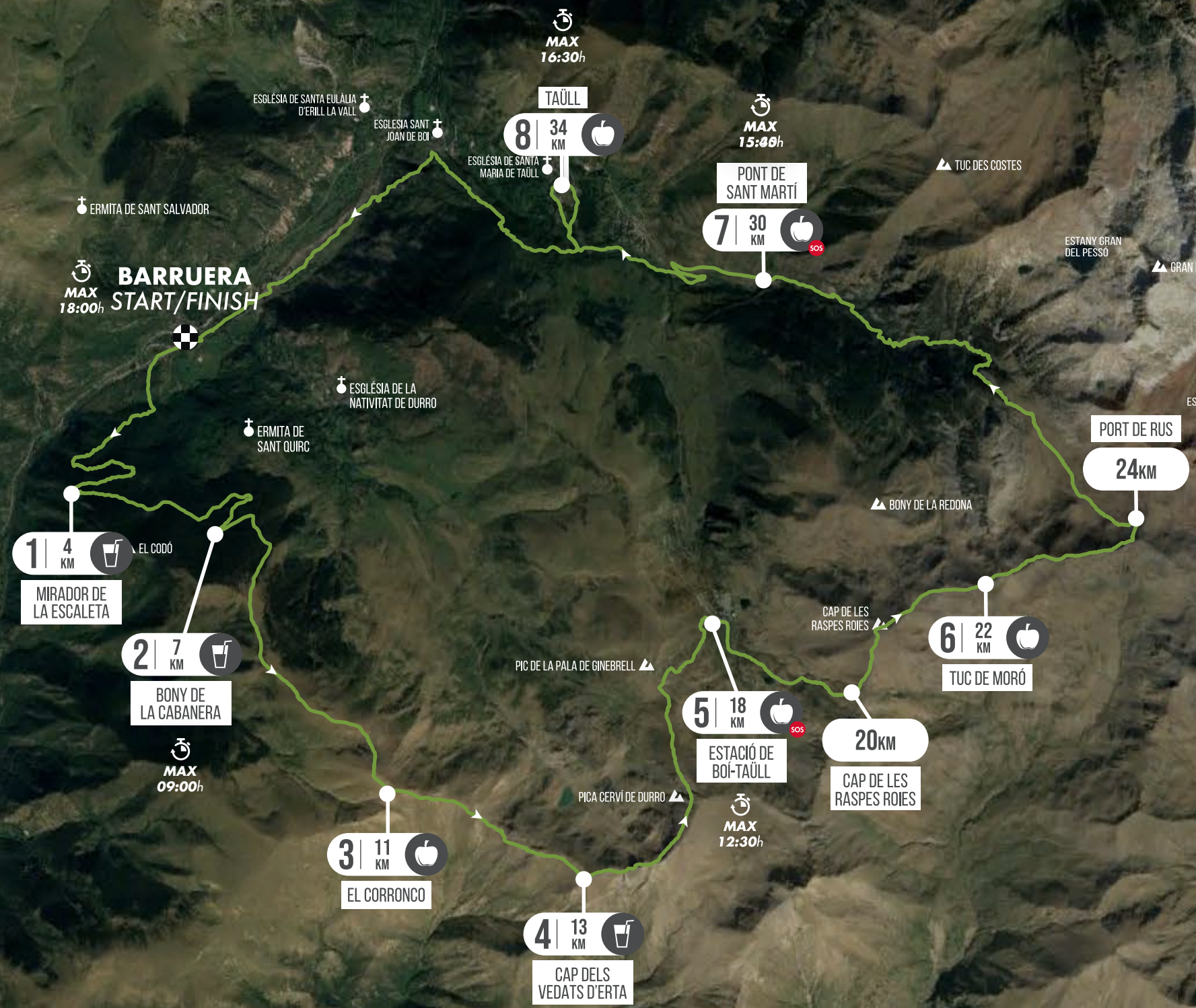
AWARD CEREMONY
14:45h

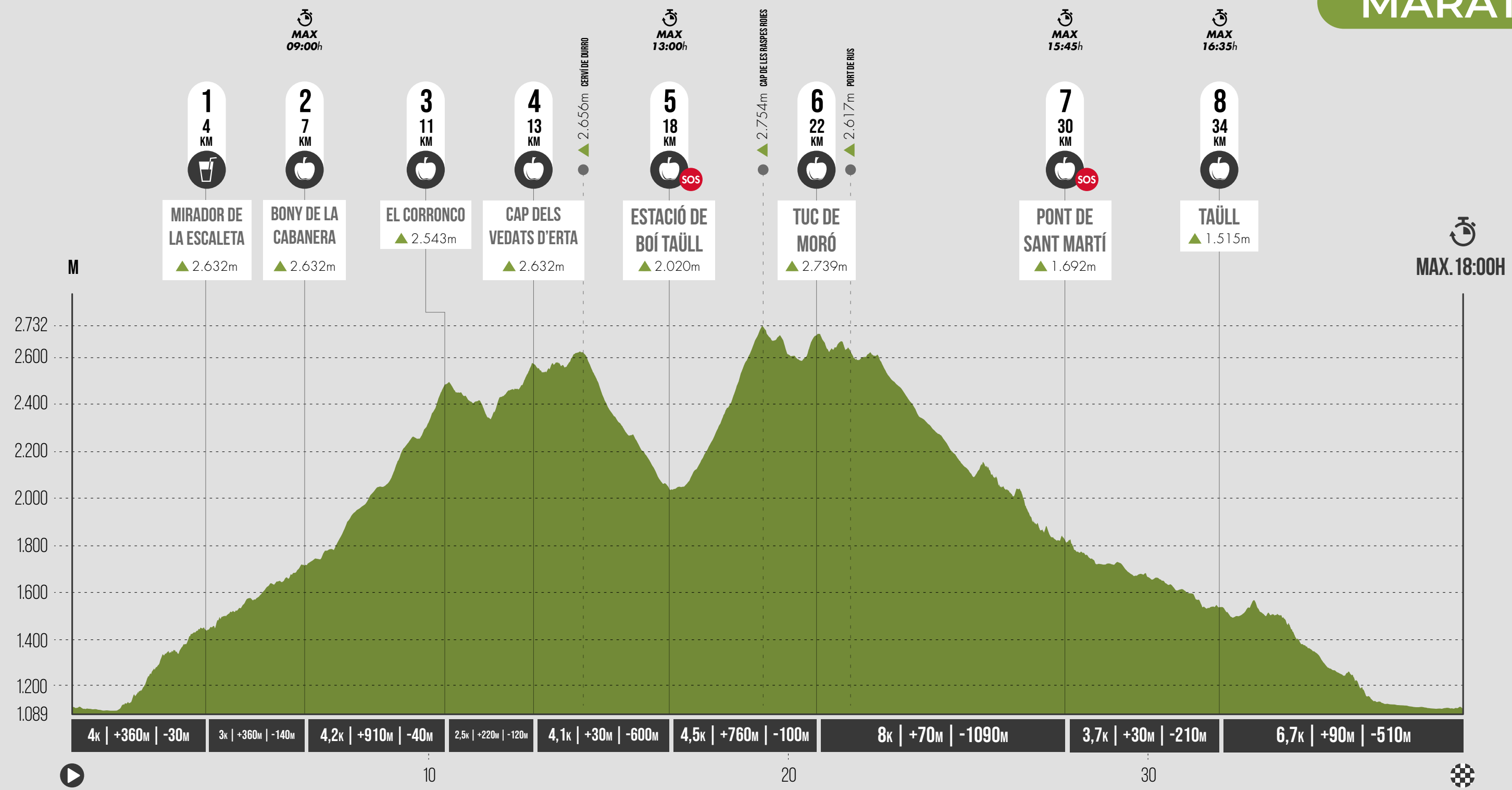


What's included

- SINGLE-USE BIB AND CHIP.
- COMMEMORATIVE T-SHIRT.
- PROVIDING DURING THE RACE.
- MEDICAL SERVICE.
- CLOAKROOM SERVICE.
- FINISHER MEDAL
- FIND THE TOP THREE (M/F) IN EACH CATEGORY
- PRIZE FOR THE FIRST ABSOLUTE CLASSIFIEDS (M/F) GARMIN FENIX 8
- XTERRA MONETARY PRIZES ABSOLUT (M/F) CATEGORY:
1ST PLACE: 300€, 2ND PLACE: 200€, 3RD PLACE: 100€
- PARTICIPATION IN XTERRA TRAIL RUN WORLD SERIES, OFFERING QUALIFICATION SLOTS FOR THE 2026 XTERRA TRAIL RUN WORLD CHAMPIONSHIP













DESCARGA EL TRACK GPX
GARMIN EPIC TRAIL MARATHON



wikiloc.com



PROVISIONING MARATHON

						
	WATER	DRINKS	SUPPLEMENTS	FRUIT	PASTRIES	CARBS
MIRADOR DE LA ESCALETA 4KM	✓		✓			
BONY DE LA CABANERA 7KM	✓	✓	✓	✓	✓	
EL CORRONCO 11KM	✓		✓	✓	✓	
CAP DELS VEDATS D'ERTA 13KM	✓		✓			
ESTACIÓ DE BOÍ TAÜLL 18KM	✓	✓	✓	✓	✓	✓
TUC DE MORÓ 22KM	✓		✓	✓	✓	
PONT DE SANT MARTÍ 30KM	✓	✓	✓	✓		
TAÜLL 34KM	✓		✓	✓	✓	
ARRIBADA	✓	✓		✓	✓	

 water	 Soft drinks	 Gel Bars Isotonics	 Bannana Melon Watermelon Apples Nuts	 Pastries Sweets Salted biscuits	 Salad
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The contents of liquid and solid refreshments may vary. It is possible that not all refreshments are the same.

X TERRA®

TRAIL RUN WORLD SERIES

Garmin Epic Trail Vall de Boí SKY

24km
1.943M+
1.943M-
max. **2.624m**

BIB PICK UP
Village zone
Friday 12:00 – 20:00h
Saturday 09:00 – 19:00h
Sunday 07:30 – 08:30h



START
Village zone
08:50h women
09:05h men



FINISH
Village zone



AWARD CEREMONY
13:15h



What's included

- SINGLE-USE BIB AND CHIP.
- COMMEMORATIVE T-SHIRT.
- PROVIDING DURING THE RACE.
- MEDICAL SERVICE.
- CLOAKROOM SERVICE.
- FINISHER MEDAL
- FIND THE TOP THREE (M/F) IN EACH CATEGORY
- PRIZE FOR THE FIRST ABSOLUTE CLASSIFIEDS (M/F) GARMIN FENIX 8
- XTERRA MONETARY PRIZES ABSOLUT (M/F) CATEGORY:
1ST PLACE: 300€, 2ND PLACE: 200€, 3RD PLACE: 100€
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ERMITA DE SANT SALVADOR

ESGLÉSIA DE SANTA EULÀLIA D'ERILL LA VALL

ESGLÉSIA SANT JOAN DE BOI

ESGLÉSIA DE SANTA MARIA DE TAÜLL

TUC DES COSTES

ESTANY GRAN DEL PESSÓ

GRAN PIC DEL PESSÓ

ESTANY FRANÇI

MAX 15:00h

BARRUERA

START/FINISH

DURRO

7 | 21,7 KM

MAX 14:30h

RIUET DE DURRO

1 | 3,7 KM

PISTA NOVA

6 | 18,8 KM

PISTA NOVA

2 | 4,5 KM

BONY DE LA REDONA

ESTACIÓ DE BOÍ-TAÜLL

5 | 14,3 KM

MAX 13:00h

EL CODÓ

PIC DE LA PALA DE GINEBRELL

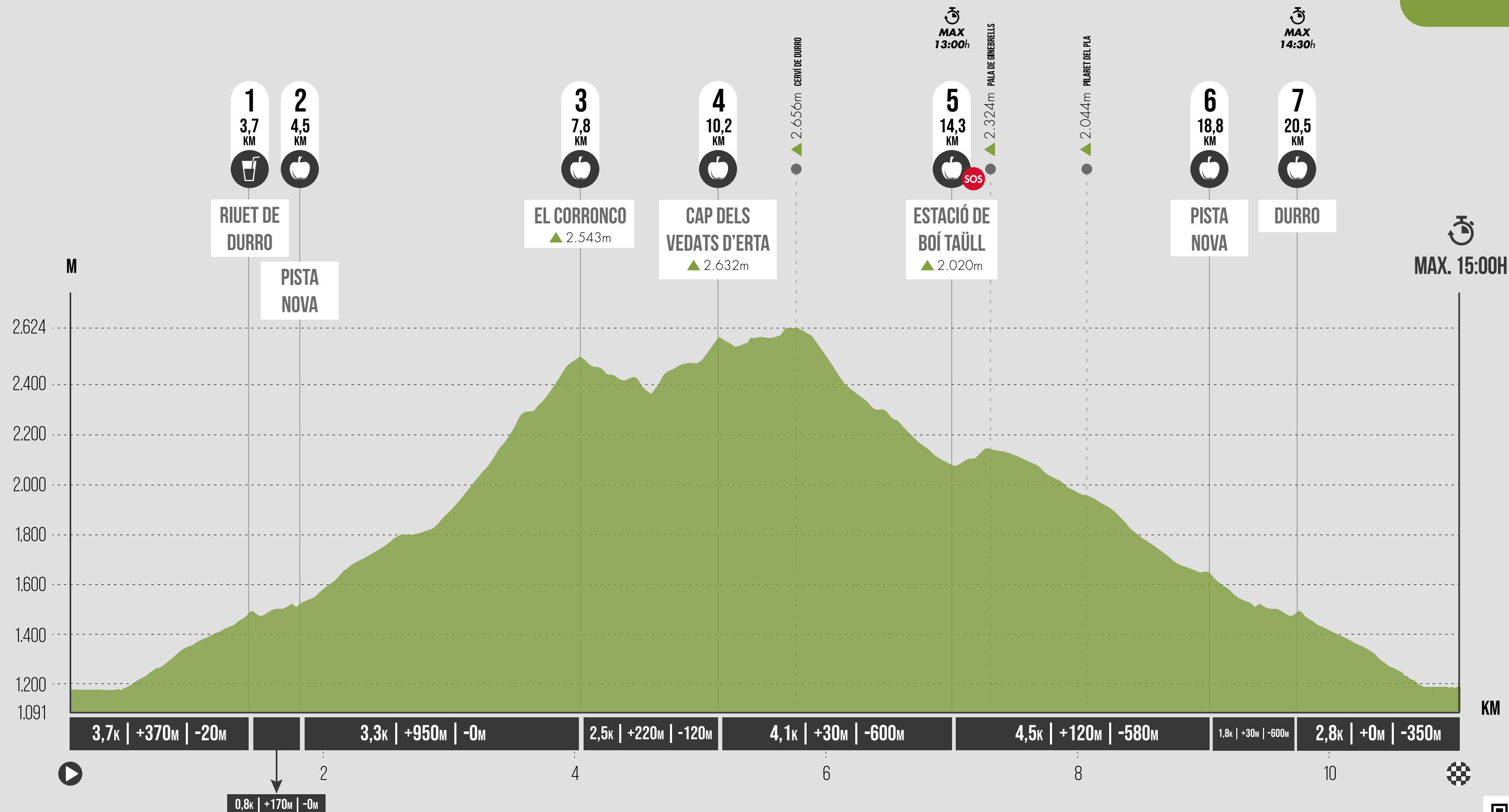
3 | 7,8 KM

EL CORRONCO

4 | 10,2 KM

CAP DELS VEDATS D'ERTA

PICA CERVÍ DE DURRO





PROVISIONING SKY

	 WATER	 BEVERAGES	 SUPPLEMENTS	 FRUITA	 PASTRIES	 CARBS
RIUET DE DURRO 3,7KM	✓		✓			
PISTA NOVA 4,5KM	✓	✓	✓	✓		
EL CORRONCO 7,8KM	✓		✓	✓	✓	
CAP DELS VEDATS D'ERTA 10,2KM	✓		✓	✓		
ESTACIÓ DE BOÍ TAÜLL 14,3KM	✓	✓	✓	✓	✓	
PISTA NOVA 18,8KM	✓		✓			
DURRO 20,5KM	✓		✓	✓	✓	
ARRIBADA	✓	✓		✓	✓	✓

 water

 Soft drinks

 Gel | Bars | Isotonics

 Bannana | Melon | Watermelon
Apples | Nuts

 Pastries | Sweets
Salted biscuits

 Salad

The contents of liquid and solid refreshments may vary. It is possible that not all refreshments are the same.



Garmin Epic Trail Vall de Boí SPEED

12km
462M+
462M-
max. **1.491m**

BIB PICK UP
Village zone
Friday 12:00 – 20:00h
Saturday 09:00 – 19:00h
Sunday 08:00 – 09:00h

START
Village zone
09:30h

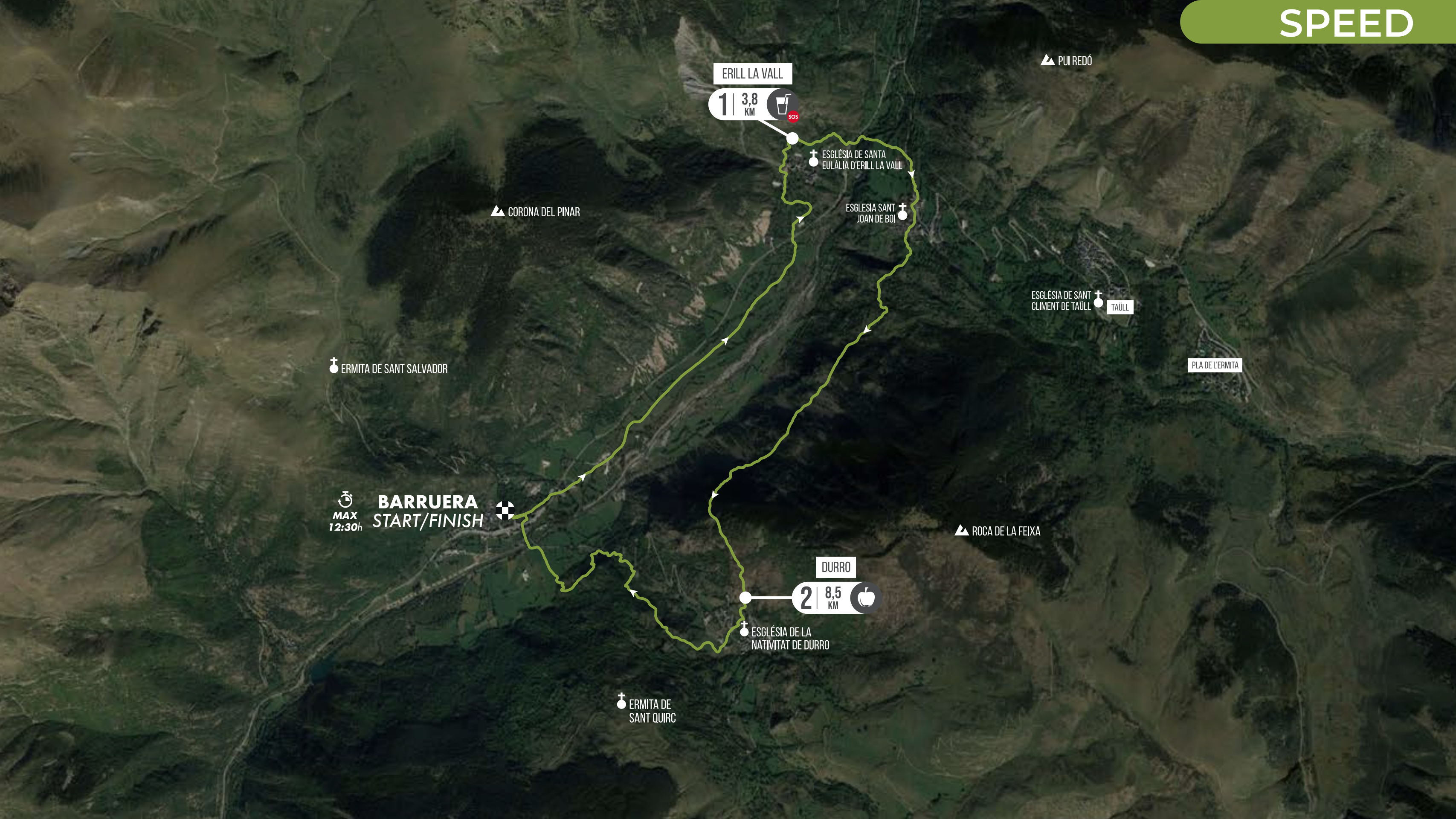
FINISH
Village zone

AWARD CEREMONY
11:15h

What's included

- SINGLE-USE BIB AND CHIP.
- COMMEMORATIVE T-SHIRT.
- PROVIDING DURING THE RACE.
- MEDICAL SERVICE.
- CLOAKROOM SERVICE.
- FINISHER MEDAL
- FIND THE TOP THREE (M/F) IN EACH CATEGORY
- PRIZE FOR THE FIRST ABSOLUTE CLASSIFIEDS (M/F) GARMIN INSTINCT 3





ERILL LA VALL

1 | 3,8
KM



ESGLÉSIA DE SANTA
EULÀLIA D'ERILL LA VALL

ESGLÉSIA SANT
JOAN DE BOI

▲ PUI REDÓ

▲ CORONA DEL PINAR

✝ ERMITA DE SANT SALVADOR

ESGLÉSIA DE SANT
CLIMENT DE TAÜLL

✝
TAÜLL

PLA DE L'ERMITA

⌚
MAX
12:30h

BARRUERA
START/FINISH



▲ ROCA DE LA FEIXA

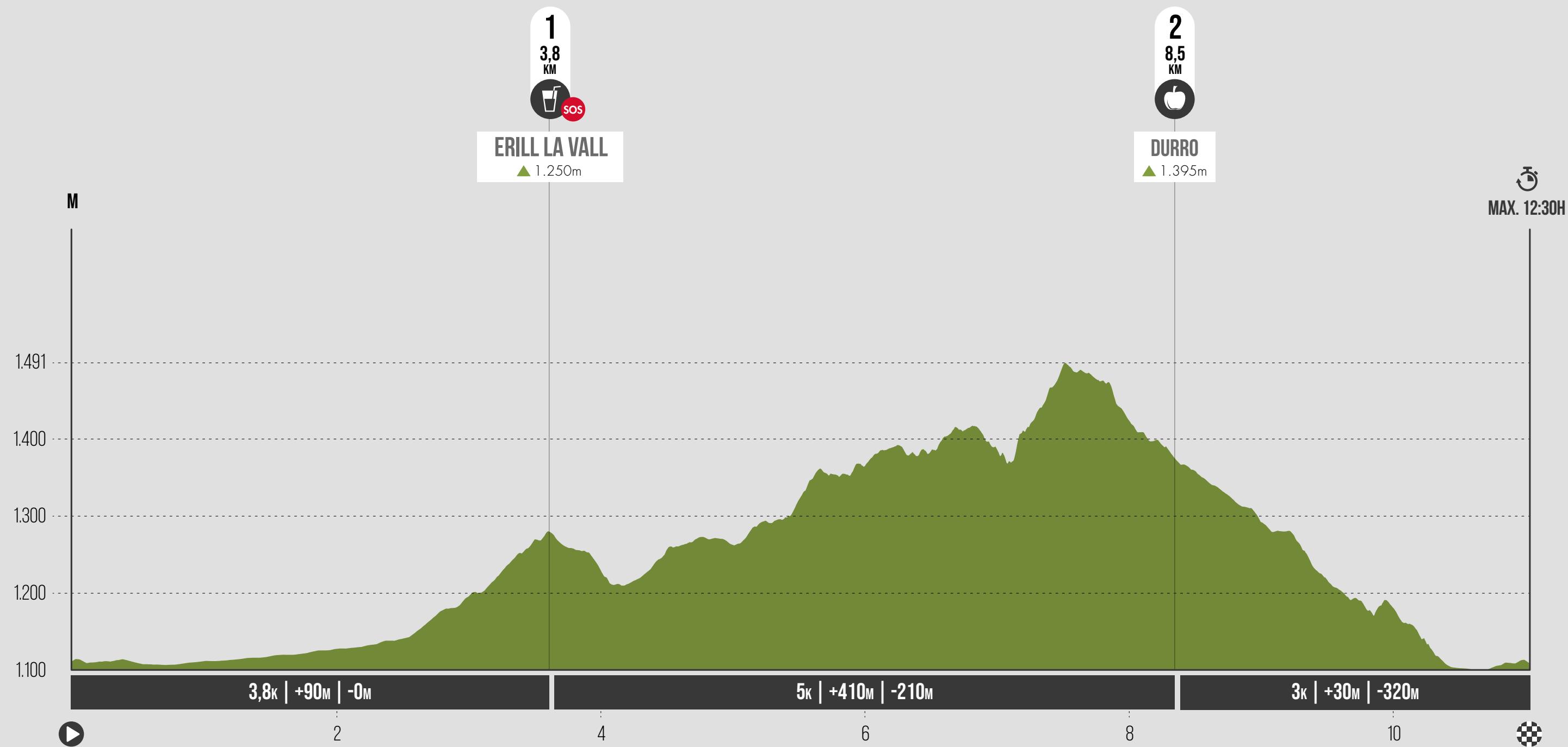
DURRO

2 | 8,5
KM



✝
ESGLÉSIA DE LA
NATIVITAT DE DURRO

✝
ERMITA DE
SANT QUIRC






[DESCARGA EL TRACK GPX](#)
GARMIN EPIC TRAIL SPEED





PROVISIONING SPEED

						
	WATER	DRINKS	SUPLEMENTS	FRUIT	PASTRIES	CARBS
ERILL LA VALL 3,8KM	✓		✓	✓		
DURRO 8,5KM	✓		✓	✓	✓	
ARRIBADA	✓	✓		✓		✓

-  water
-  Soft drinks
-  Gel | Bars | Isotonics
-  Bannana| Melon| Watermelon
Apples| Nuts
-  Pastries | Sweets
Salted biscuits
-  Salad

The contents of liquid and solid refreshments may vary. It is possible that not all refreshments are the same.



MANDATORY EQUIPMENT

APPAREL & EQUIPMENT A | COMPULSORY

	42K	24K	12K
Mountain running shoes and socks	✓	✓	✓
Thermal or survival blanket (min. 1,4 x 2m)	✓	✓	
Hydration pack (min. 1l)	✓	✓	
Backpack or equivalent	✓	✓	
Waterproof jacket with hood, made from Gore-Tex or similar	✓	✓	
Food supplies: gels, bars, fruit...	✓	✓	
Thermal base layer (min. 180g)	✓		
Long leggings or three-quarter-length leggings with leg sleeves	✓		
Cap, neck gaiter or similar garment that covers the entire head	✓	✓	
Mobile phone that is switched on with a fully-charged battery	✓	✓	✓
Whistle	✓		
Re-usable cup for refreshments	✓	✓	✓

APPAREL & EQUIPMENT B | ACCORDING TO WEATHER FORECAST

	42K	24K	12K
Waterproof trousers	✓		
Thermal base layer (min. 180g)		✓	
Leggings or trousers		✓	
Gloves	✓		
Waterproof jacket with hood, made from Gore-Tex or similar			✓
Thermal t-shirt	✓		





04

MARXA DEL SALENCAR

CATALAN CUP AND OPEN EVENT

- The Centro Excursionista Alta Ribagorça (Alta Ribagorça Hiking Centre), a local organisation linked to the Federació de Entitats Excursionistes de Catalunya (Federation of Hiking Organisations of Catalonia) (FEEC), is proposing a 10-kilometre circular walk in the Salencar area of Barruera. Over 85% of the walk takes place in natural areas, running through the region dominated by the river Noguera de Tor in the heart of the Vall de Boí.

The race consists of walking round a 1.8 km circuit, with an altitude difference of 24 M+, and finishing at the same point.

SATURDAY 28 JUNE

10:00 – 17:00h

BIB pick up

Village zone

17:30h

Start Marxa de Salencar

Village zone

19:00h

Award ceremony

Stage village zone

PROVISIONING MARXA DEL SALENCAR



WATER



FRUIT



PASTRIES

AV. DE CURSA
FINISH



Water



Bannana | Melon | Watermelon
Apples | Nuts



Pastries | Sweets
Salted biscuits

The contents of liquid and solid refreshments may vary. Not all of them may be the refreshments are the same.



What does the registration include?

- Liquid refreshment on the circuit
- Liquid and solid refreshment at the finish line
- Commemorative medal



Mandatory equipment

During the competition, all registered participants must wear the necessary sports equipment for the race depending on the weather conditions on the day of the race. The organisation may stipulate the mandatory use of certain equipment.

- + Walking poles
- + Equipment
- + Supervision and control of equipment and aids



Services

- Toilets
- Showers
- Changing rooms in the Barruera sports area

MORE INFO



CATALAN
CUP

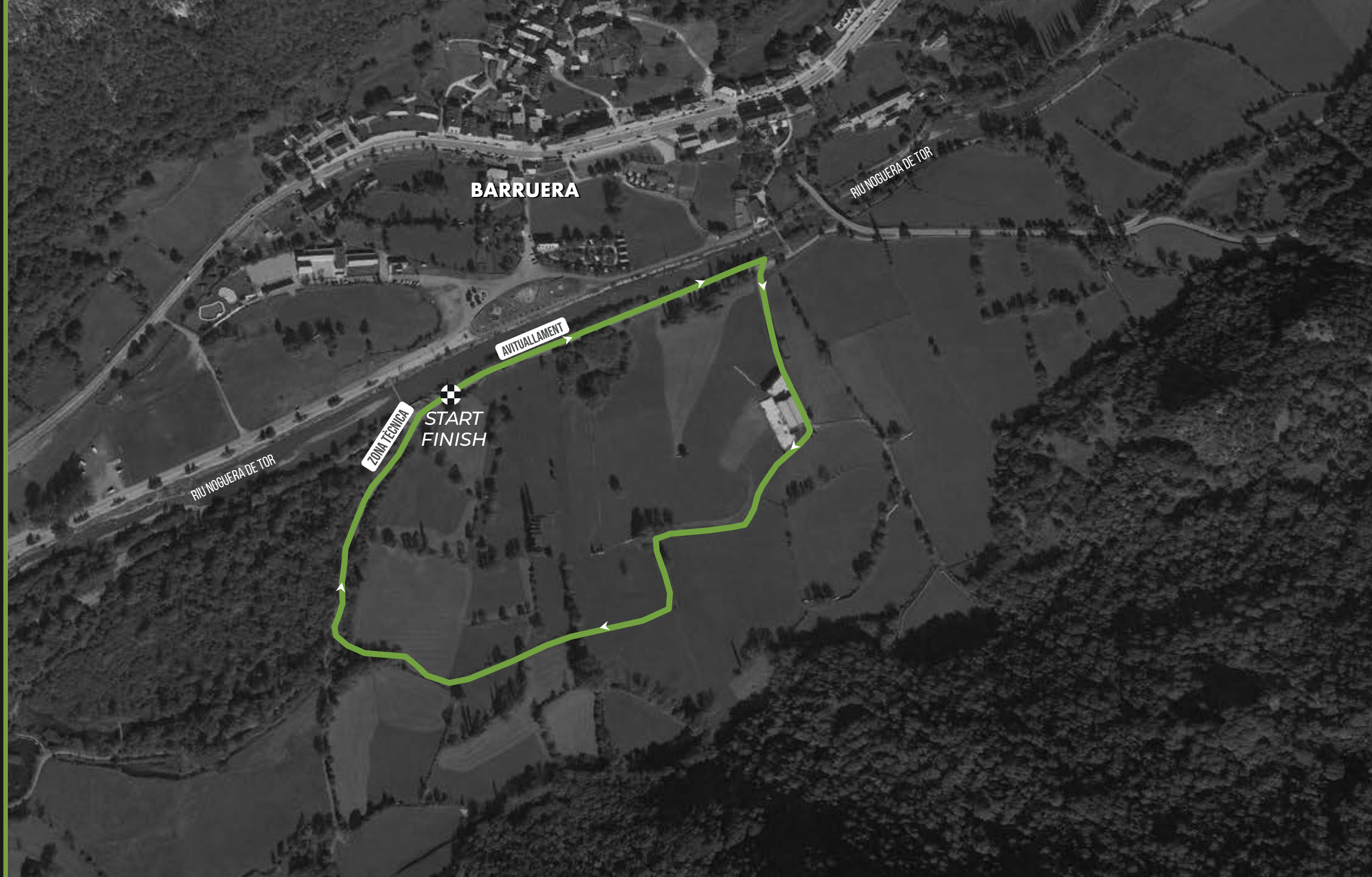
OPEN

 BARRUERA

 NORDIC WALKING

■ 10KM (7LAPS)

■ 5KM (3LAPS)
CHILDREN'S CATEGORY





TEST FEATURES

MODALITY: Speed race

DISTANCE:

10K: Catalan Cup and OPEN event.

5K: Catalan Cup kids categorie.

NUMBER OF LOOPS:

10,2K = 7 LOOPS

5K (4,6K)= 3 LOOPS

This activity is jointly organized with the **Centre Excursionista Alta Ribagorça** and the **Federació d'Entitats Excursionistes de Catalunya**.

CATALAN CUP AND OPEN EVENT

CATALAN CUP CATEGORIES:

- Children's – U14 (12 & 13 year-olds)
- Cadet – U16 (14 & 15 year-olds)
- Júnior (16 & 17 year-olds)
- Absolut – O18 (+18 year-olds)

CATEGORIES OPEN EVENT:

Absolut:

- First 3 women
- First 3 men

SUBCATEGORIES:

- Promised (18 to 23 year-olds)
- Senior (24 to 39 year-olds)
- Veteran A (40 to 49 year-olds)
- Veteran B (50 to 59 year-olds)
- Veteran C (60 to 69 year-olds)
- Veteran D (+70 year-olds)

[VIEW THE RULES](#)

05

ACTIVITIES

GARMIN EPIC TRAIL FAMILY

In 2025, the Garmin Mountain Festival is introducing a new concept for children's races: the Garmin Family Race, a unique experience in which parents and children compete together on an exciting obstacle relay course.

The race is designed for adults and children to work as a team and share the excitement of the sport. Each team will be made up of one adult and one child or 3 people in the U13 category (1 child + 2 adults or 2 children + 1 adult), and together they must complete a circuit adapted to the child's age.

The age of the participants is established until December 31 of the year of the test.

FRIDAY 29 JUNE

12:00 - 20:00h BIB pick up

19:00h Presentation Garmin Epic Trail 2024

SATURDAY 28 JUNE

10:30h Start race Epic Trail FAMILY U7

10:45h Start race Epic Trail FAMILY U11

10:55h Start race Epic Trail FAMILY U13

FREE REGISTRATION



REGISTRATIONS

Online registration until 25/06/25

ATTENTION!

Depending on the number of places available, you can register in person up to 15 minutes before each session.



INITIATION NORDIC WALKING

We propose 3 activities guided by experienced instructors that will help you learn about and practice this sport, with the aim of having a training session on Saturday and a practice session on Sunday.



The Club d'Esports de Muntanya Cerdanyola organizes the activity with the aim of promoting the practice of sport in the mountains with values and promoting respect for nature and helping to preserve it.

SATURDAY 28 JUNE

12:00h - 13:30h Session 1

18:00h - 19:30h Session 2

SUNDAY 29 JUNE

9:35h Start Marxa de la Vall

INTRODUCTION TO ORIENTATION

Ideal activity for the whole family. Map and compass orientation is an essential skill for those who enjoy outdoor activities, such as hiking, trekking or simply exploring unfamiliar areas.

SATURDAY 28 JUNE

17:00h - 18:30h Session 1

SUNDAY 29 JUNE

11:00h - 12:30h Session 2

OUTDOOR YOGA

Yoga is an ancient discipline that combines physical postures, breathing techniques and meditation to promote the overall well-being of the individual. When practiced outdoors, specifically in places as magical as the Boí Valley, the benefits are multiplied, fusing the physical and mental advantages of yoga with the therapeutic gifts of nature.

SATURDAY 28 DE JUNE

10:00h - 12:00h Session 1 & 2

17:00h - 19:00h Session 3 & 4

SUNDAY 29 DE JUNE

10:00h - 12:00h Session 5 & 6



TALK 'LIFE IN THE HIMÀLAIA AND TREKKING'.

DAY: Saturday, 28 June
TIME: 17:30h
LOCATION: Village Zone
DURATION: 1 hour
BY: Tika Lamichhane

A Nepalese guide visits the Boí Valley and explains what life is like just a few kilometers from Kathmandu.

How he became a mountain guide thanks to her relationship with Carlos Soria and describes the experience of trekking in his homeland.

“There are few places on Earth like Nepal, where you can trek through lush nature beneath the planet’s highest mountains, experience unforgettable experiences on elephant back in one of the country’s national parks, or stroll through the bustling streets and squares of a vibrant city that boasts seven World Heritage sites.

Nepal is home to a wide variety of ethnic groups, and for many trekkers, it’s the warmth, hospitality, and sense of humor of the Nepalese people that keeps them coming back to this wonderful country.”

by Tika Lamichhane





OUTDOOR CINEMA

DAY: Friday, 27 June

TIME: 20:30h

LOCATION: Village Zone

DURATION: 29 minutes

DIRECTION: Joan Miquel Ponce

PRODUCTION: FEDME

In this second chapter of the “Abriendo Camino” project, the courageous FEDME Women's Mountaineering Team sets out on a thrilling expedition to explore the majestic mountains that rise along the east coast of Greenland. During this exciting journey, the mountaineers immerse themselves in the untouched beauty of the region, facing the unique challenges of the polar terrain.

PRESENTS AT THE FESTIVAL

Rut Fornos and Uxue Loizu will be present at the screening of the documentary, which will take place in Barruera, Rut's own town. A special occasion to share in first person all that this project has meant for them and for the team.



HELP US COLLECT WASTE RESPONSIBLY

The National Park of Aigüestortes and Estany de Sant Maurici is located in one of the most privileged areas of the Pyrenees mountain range. Its surface area of more than 40,000 hectares is divided between four counties that have a rich natural and cultural heritage: Alta Ribagorça, Pallars Sobirà, Pallars Jussà and Val d'Aran. The Park is included in the Spanish National Parks Network and is the only one of its kind in Catalonia. Its valleys, surrounded by peaks more than 3,000 m high, treasure a magnificent representation of all the elements that characterize the high Pyrenees, both in its geological formations and in its flora and fauna. Water is perhaps the most characteristic element of the Park, whether in the form of snow, rivers, waterfalls or being part of the more than 200 lakes that are spread over its geography and that give this natural space of special protection a character unique and unrepeatable.

The Park receives more than half a million visitors each year: one of its main

objectives is to make people's access compatible with the complete conservation of all its natural values. This goal is impossible to achieve without the effective involvement of all its visitors. For this reason, we ask for your cooperation and respect for the established protection regulations.

For this reason, remember that: For more information on the good environmental practices they must respect during the warm-up and the competition, visit the Good Practices Manual (FEDME)

LINK:https://www.gencat.cat/mediamb/publicacions/monografies/codi_bones_practiques.pdf

Eco-responsability

Do not leave rubbish in nature, use the available containers, respect the flora and fauna, and strictly follow the marked route without using shortcuts. The organization will use, whenever

possible, reusable or recyclable material and will proceed to selective collection (batteries, paper, plastic, etc.). The marking of the route, carried out on foot, will be collected on the same day. The course will be cleaned immediately after the last runner. Communication on paper will be reduced to a minimum, prioritizing electronic support.





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